

River Falls Nutrition Program April 2020 Menu

119 Union Street - 715-425-9932

Serving Monday – Friday

*****Due to circumstances beyond our control, menu changes may occur from time to time*****

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Suggested Donation for: Congregate Dining: <u>\$5.00 per meal</u> Home-delivered Meals: <u>\$6.50 per meal</u> Please pay as much as you can afford, as we rely on donations from participants to keep the program going.</p>		<p>1 Pot Roast Mashed Potatoes w/ gravy Rutabaga Blend Veggies Chef's Choice Fruit Dinner Roll Dessert</p>	<p>2 Spinach Artichoke Chicken Au Gratin Potatoes Country Blend Vegetables Chef's Choice Fruit Garlic Biscuit Dessert</p>	<p>3 Baked Garlic Shrimp Baby Red Potatoes Winter Blend Veggies Chef's Choice Fruit Dinner Roll Dessert</p>
<p>6 Beef Chow Mein Cass. Stir Fry Vegetables Chef's Choice Fruit Egg Roll Dessert</p>	<p>7 Brat w/ Sauerkraut Baked Beans Chips Chef's Choice Fruit Dessert</p>	<p>8 Oven Roasted Turkey Mashed Potatoes w/ gravy Asparagus Chef's Choice Fruit Dinner Roll Dessert</p>	<p>9 Lasagna Squash Chef's Choice Fruit Garlic Bread Dessert</p>	<p>10 Crispy Fish w/ lemon Au Gratin Potatoes Green Beans Chef's Choice Fruit Dinner Roll Dessert</p>
<p>13 Smothered Pork Chop White Rice Carrots Chef's Choice Fruit Garlic Biscuit Dessert</p>	<p>14 Swedish Meatballs Buttered Noodles Green Beans Chef's Choice Fruit Bread Stick Dessert</p>	<p>15 Homestyle Meatloaf Mashed Potatoes w/ gravy Peas Chef's Choice Fruit Dinner Roll Dessert</p>	<p>16 Chicken Parmesan Buttered Noodles Broccoli Chef's Choice Fruit Garlic Biscuit Dessert</p>	<p>17 Lemon Baked Cod Baked Potato Carrots Chef's Choice Fruit Dinner Roll Dessert</p>
<p>20 Beef Tips White Rice Peas Chef's Choice Fruit Bread Stick Dessert</p>	<p>21 Tater Tot Casserole Green Beans Chef's Choice Fruit Garlic Biscuit Dessert</p>	<p>22 Oven Fried Chicken Mashed Potatoes w/ gravy California Blend Vegetables Chef's Choice Fruit Dinner Roll Dessert</p>	<p>23 Sausage Spinach Quiche Bacon Pancakes Tri Tater Chef's Choice Fruit Dessert</p>	<p>24 Salmon w/ lemon Baby Reds Asparagus Chef's Choice Fruit Dinner Roll Dessert</p>
<p>27 Ham Loaf Au Gratin Potatoes Peas Chef's Choice Fruit Garlic Biscuit Dessert</p>	<p>28 Chicken Kiev Baby Red Potatoes Cauliflower Chef's Choice Fruit Garlic Biscuit Dessert</p>	<p>29 Salisbury Steak Mashed Potatoes w/ gravy Carrots Chef's Choice Fruit Dinner Roll Dessert</p>	<p>30 Creamy Spinach Chicken Baked Potato Broccoli Chef's Choice Fruit Bread Stick Dessert</p>	